

***Parasite Program  
Instruction  
Booklet***

*(In accordance with FDA guidelines, NAP makes no claims regarding the benefits of any of its products. Always seek the advise of a health care provider.)*

To Order the  
*New "Quadruple"*  
Black Walnut Green Hull Tincture

Contact your supplier

or

**New Action Products**

147 Ontario Street  
Buffalo, NY 14207  
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**NAP**

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	Parsley Water	Black Walnut Hull Tincture Dose	Wormwood Capsule Dose	Clove Capsule Dose (500 mg.)
Week	teaspoons on food	drops on food, cats twice per week, dogs daily	open capsule, put smallest pinch on food	open capsule, put smallest pinch on food
1	1 or more, based on size			
2	1 or more	1		
3	1 or more	1 or more, based on size	1	
4	1 or more	1 or more	1	1
5 & onward	1 or more	1 or more	1	1

## Instructions

### 1. Black Walnut Hull Tincture Extra Strength

Day 1: (this is the day you begin; start the same day you receive it)

*Take one drop. Put it in 1/2 cup of water. Sip it on an empty stomach such as before a meal.*

Day 2: Take 2 drops in 1/2 cup water same as above.

Day 3: Take 3 drops in 1/2 cup water same as above.

Day 4: Take 4 drops in 1/2 cup water same as above.

Day 5: Take 5 drops in 1/2 cup water same as above.

Day 6: Take 2 tsp., all together in 1/4 cup water. Sip it, don't gulp it. Get it down within 15 minutes. (If you are over 150 pounds, take 2 1/2 tsp. Do not take more than 3 tsp. because no additional value has been observed.)

For a year: take 2 tsp. Black Walnut Hull Tincture Extra Strength every week.

2. **Wormwood** capsules (should contain 200-300 mg of wormwood, see *Sources*):

Day 1: Take 1 capsule before supper (with water).

Day 2: Take 1 capsule before supper.

Day 3: Take 2 capsules before supper.

Day 4: Take 2 capsules before supper.

*Continue increasing in this way to day 14, whereupon you are up to seven capsules. You take the capsules all in*

*a single dose (you may take a few at a time until they are all gone). Then you do 2 more days of 7 capsules each. After this, you take 7 capsules once a week forever, as it states in the Maintenance Program. Try not to get interrupted before the 6th day.*

**3. Cloves:**

*Either grind them yourself or see Sources.*

Day 1: Take one capsule 3 times a day before meals.

Day 2: Take two capsules 3 times a day.

Days 3, 4, 5, 6, 7, 8, 9, 10: Take three capsules 3 times a day.

After day 10: Take 3 capsules all together once a week forever, as in the Maintenance Program.

All dosages are based on a 10 pound (5 kilo) cat or dog. Double them for a 20 pound pet, and so forth.

Do this for a week before starting the Black Walnut Hull Tincture.

2. **Black Walnut Hull Tincture (regular strength):** 1 drop on the food. Cats only twice a week. Dogs daily. For instance, a 30 pound dog would get 3 drops per day (but work up to it, increasing one drop per day). Do not use Extra Strength.

Start the wormwood a week later.

3. **Wormwood capsules:** (200-300 mg wormwood per capsule) open a capsule and put the smallest pinch possible on their dry food. Do this for a week before starting the cloves.

4. **Cloves:** put the smallest pinch possible on their dry food.

- Week 1: parsley water.
- Week 2: parsley water and black walnut.
- Week 3: parsley water, black walnut, and wormwood.
- Week 4: parsley water, black walnut, wormwood, and cloves.

Under six months	¼ tsp.	50 mg
Six months to five years	½ tsp.	50 mg
Six to ten years	1 tsp.	100 mg
Eleven to sixteen years	1½ tsp.	500 mg

The niacinamide (not niacin) is to help detoxify the alcohol in the tincture. You may crush it and put it in a spoonful of honey, if necessary. Occasionally a bit of niacin gets into the niacinamide tablet and causes a hot flush. It is harmless and soon passes.

**Wormwood and Cloves**

Increase dosage one day for each year. For instance a four year old would follow the adult program until day four, then stop.

**Pet Program**

1. **Parsley water:** cook a big bunch of fresh parsley in a quart of water for 3 minutes. Throw away the parsley. After cooling, you may freeze most of it in several 1 cup containers. This is a month's supply. Put 1 tsp. parsley water on the pet's food. You don't have to watch it go down. Whatever amount is eaten is satisfactory.

**Handy Chart**

Strike out the doses as you take them.

	Black Walnut Hull Tincture Extra Strength Dose	Wormwood Capsule Dose (200-300 mg)	Clove Capsule Dose (500 mg.)
Day	drops 1 time per day, like before a meal	capsules 1 time per day, on empty stomach (before meals)	capsules 3 times per day, like at meal time
1	1	1	1, 1, 1
2	2	1	2, 2, 2
3	3	2	3, 3, 3
4	4	2	3, 3, 3
5	5	3	3, 3, 3
6	2 tsp.	3	3, 3, 3
7	Now once a week	4	3, 3, 3
8		4	3, 3, 3
9		5	3, 3, 3
10		5	3, 3, 3
11		6	3
12		6	Now once a week
13	2 tsp.	7	
14		7	
15		7	
16		7	
17		Now once a week	
18			3

At this point you do not need to keep a strict schedule, but instead may choose any day of the week to take all the program ingredients.

Continue on the Maintenance Program, indefinitely.

### Maintenance Program

Do this once a week. You may take the following at different times in the day or together:

1. **Black Walnut Hull Tincture Extra Strength:** 2 tsp. on an empty stomach, like before a meal.
2. **Wormwood capsules:** 7 capsules (with 200-300 mg wormwood each) at once on an empty stomach.
3. **Cloves:** 3 capsules (about 500mg. each, or fill size 00 capsules yourself) at once on an empty stomach.

	Black Walnut Hull Tincture Extra Strength Dose	Wormwood Capsule Dose (200-300 mg)	Clove Capsule Dose (500 mg.)
Day	1 time per day, on empty stomach	capsules 1 time per day, on empty stomach	capsules 1 time per day, on empty stomach
1	2 tsp.	7	3
2			
3			
4			
5			
6			
7			
8	2 tsp.	7	3
9			
10			
11			
12			
13			
14			
15	2 tsp.	7	3
and	so on....		

### Children's Program

#### Black Walnut Tincture Extra Strength

Children follow the same parasite program as adults through day 5. On day 6, instead of 2 tsp., take the following:

Age **BWT ES Niacinamide**